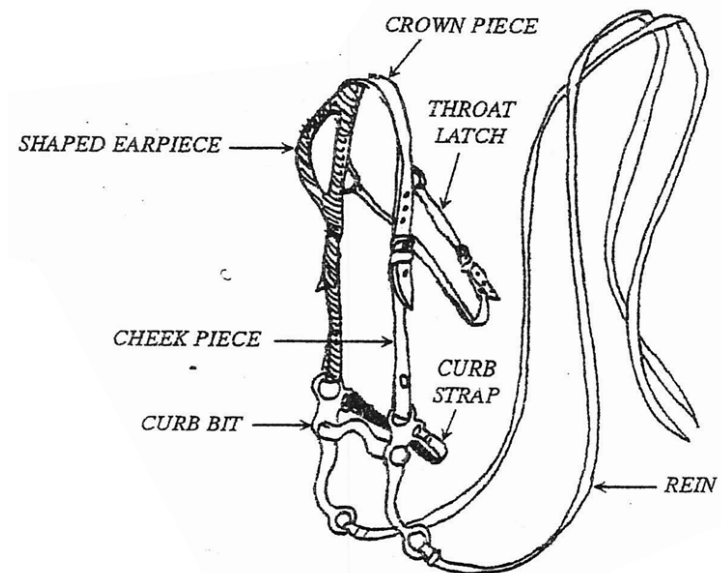
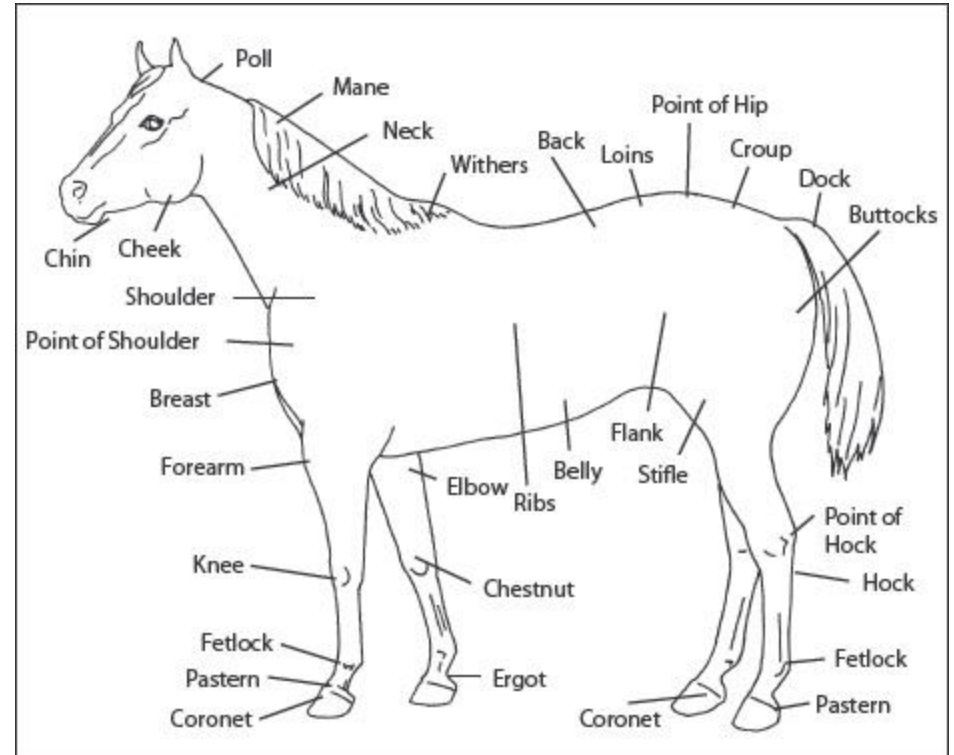
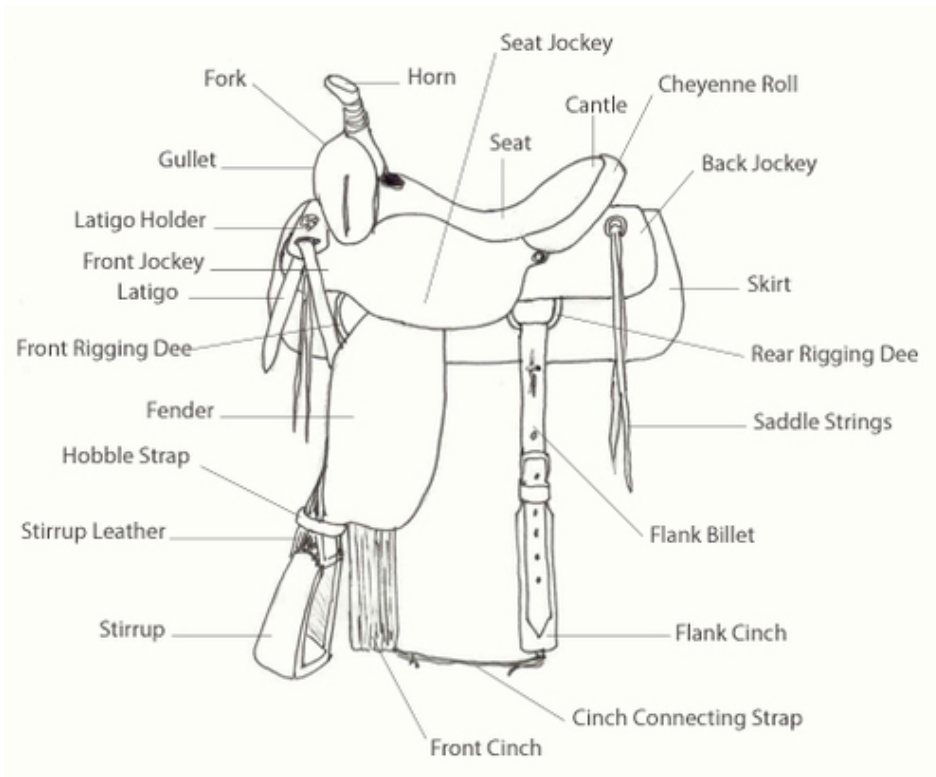


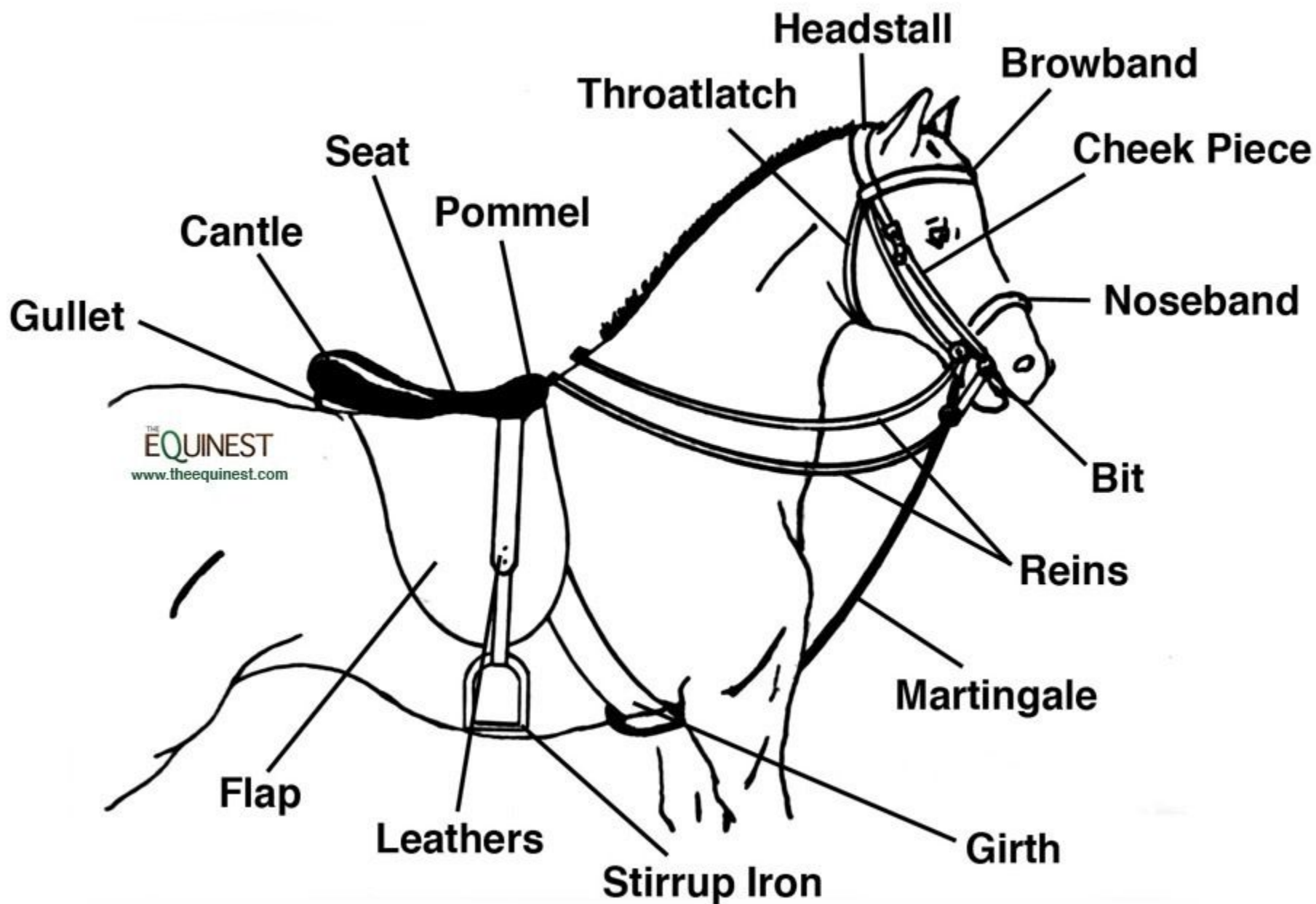
# SHRC - D1 RATING STUDY GUIDE

## HORSE KNOWLEDGE SECTION

### A. Parts of Horse/Tack

1. Know any 10 parts of your TACK
2. 2 Reasons to clean tack
3. Know any 10 parts of your HORSE





## **B. Stable Management**

1. Why do you pick out a horse's feet?

## **C. Condition/Nutrition**

1. Why cool the horse out after exercise?
2. Explain how to give water, grain, hay/treat safely.

## **D. Healthcare/Veterinarian**

1. What is a Veterinarian?
2. What reason would a Vet treat a horse?

## **E. Road/Travel Safety**

1. Basic rules for riding in a group/enclosed area



## **HORSE MANAGEMENT SECTION**

### **A. Expectations**

1. How to approach, halter, lead and turn a horse
2. How to groom with curry, brush and hoof pick
3. Tack and untack your horse
4. Your horse appears in good health and shows farrier care

### **B. Safe Personal Gear**

1. Safe attire on rider
2. Wearing ASTM/SEI certified helmet, heeled boots and medical armband
3. **KNOW** that a **HELMET**, **HEELED BOOTS** and **MEDICAL ARM BAND** are **REQUIRED** when riding in all SHRC/OPRC mounted activities.

### **C. Safe Tack**

1. Bridle and Saddle in good, safe condition and appropriate for horse and activity

### **D. Safe Horse Temperament and Soundness**

1. Horse appears sound and has temperament for rider's skill level

## RIDING SECTION

### A. Riding on the Flat

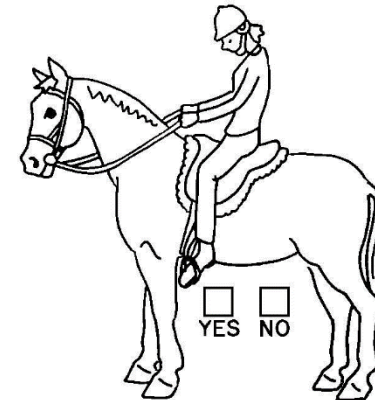
1. Mount and dismount (mounting block and/or with assistance OK)
2. Hold reins correctly at halt and lengthen or shorten as required at halt
3. Correct basic balanced seated position at halt
4. Demo basic balanced position at walk
5. Ride at walk and jog/trot, with control, keeping horse on the rail
6. Demo change of direction at walk and jog/trot
7. Demo gradual transitions from walk to jog/trot and from jog/trot to walk and to halt

### B. Jumping/Non-Jumping/Trail Obstacles

1. Walk over poles on the ground and know reasons for different positions when riding on the flat and over fences/obstacles

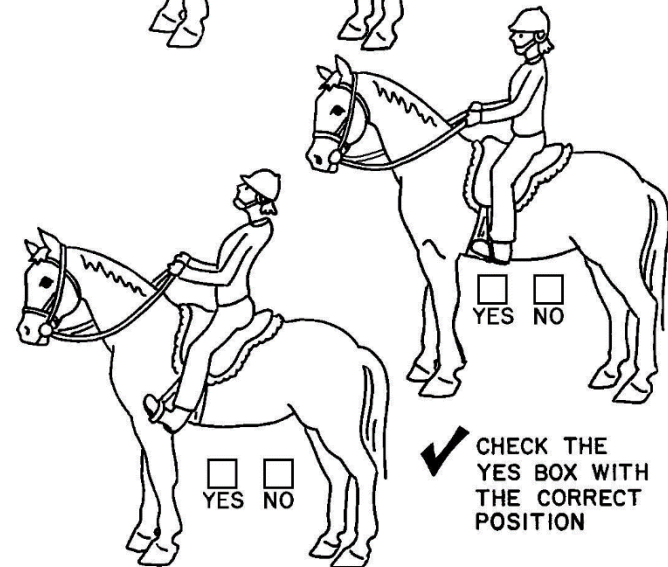
NAME \_\_\_\_\_

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BASIC RIDING POSITION

HEELS DOWN  
HANDS DOWN  
BACK STRAIGHT  
LEGS BACK



✓ CHECK THE YES BOX WITH THE CORRECT POSITION